

Rejuvenation

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Materials List

Base Fabric – Jeans

Mending Fabric – scrap of cotton fabric approx. 4 inches by 3 inches (10cm x 8cm)

Fusible Webbing with paper backing same size as mending fabric

Iron

Scissors (to cut fabric)

Scissors (to cut paper)

Lead pencil

Straw (Milliner's) Needle – size 1

Threads – a variety of colours as desired (at least three) I prefer DMC #5 perle cotton.

Embroidery Scissors (small, sharp scissors to cut threads)

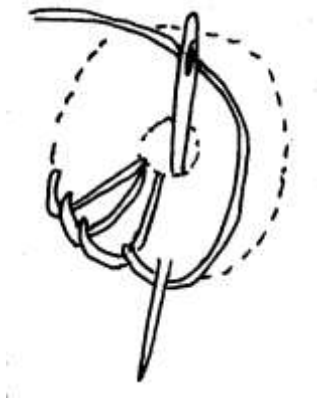
Optional

Washout Marking Pen (useful for drawing circles before embroidering)

Tapestry Needle - size 22 (useful for completing Laced Circle)

Stitches

Blanket Stitch Wheel



Work blanket stitch *anti-clockwise* in a circular fashion. (Clockwise for left-handers.)

Secure the last loop by taking the needle to the back of the fabric over the loop back down the same hole.

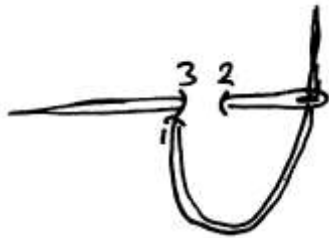


NOTE:

Be careful not to pull the loops too tight, an easy mistake to make.

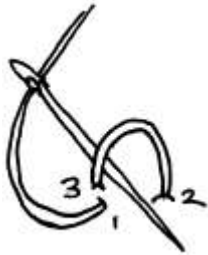
Stitches

Smockers Knot



Emerge at 1 take a tiny stitch from 2 to 3. Take the needle through but DO NOT pull the stitch firm.

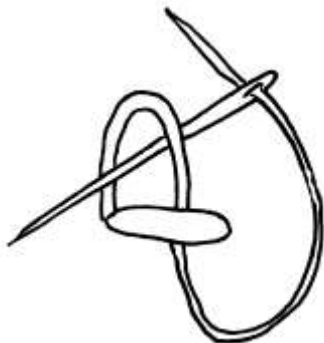
Needle used: Crewel Needle



Pass the needle through the first loop from back to front.



Holding the second loop with your other hand draw the first stitch flat against the fabric



Pass the needle through the second loop from back to front. Draw the stitch tight. Anchor by taking the needle into the fabric under the knot and emerging at the starting position of the next knot.



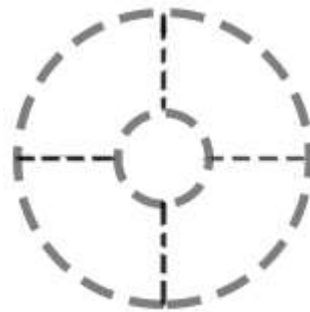
(Although not strictly necessary I draw the second loop taut in the same manner as above then draw the last pass of the needle all the way through. This prevents the thread twisting and forming an unwanted knot.)

Stitches

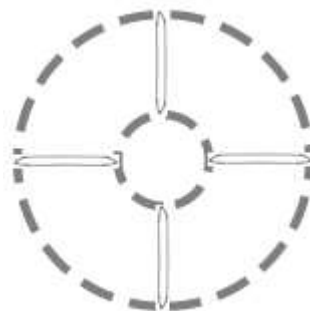
Laced Circle



Draw 2 circles on the fabric – mark the quarters



Work 4 straight stitches at the spokes, from inner circle to outer circle. (If desired work 2 straight stitches at each spoke)



Bring the thread up at the inner circle so it looks like it is appearing from beneath a spoke. Take thread underneath each spoke, without piercing the fabric, laying each round alongside the previous round. Take the thread to the rear of the work underneath the starting spoke.

