

No Sew Journal Workshop

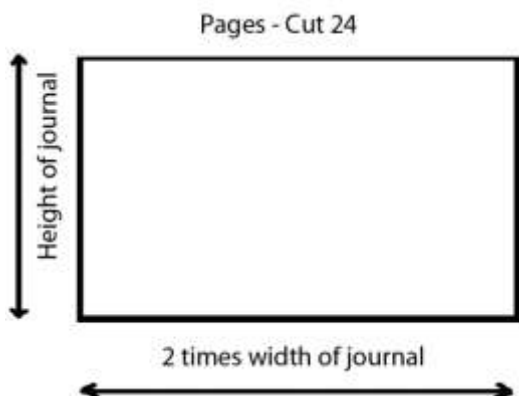
A Free Journal Making Workshop for Ioriidae.com – Tutor – Janet Banks

Materials List

Coloured Heavy Paper such as scrapbooking card (Covers)
2 Strips of Heavy Paper 12 inches x 15/16 inch (30cm x 2.3 cm)
6 Strips of Heavy Paper approx 3/4 inch (1.8 cm) x height of journal
(Do not cut strips until ready to insert)
Paper (Pages)
Pencil and eraser
Cutting board, box cutter or similar (new blade)
Steel edged ruler
Glue or double sided tape

I strongly suggest that you make a trial model using copy paper first. Then with this knowledge, you can factor in changes when you use your good paper, for example, if you wanted to use watercolour paper, which is thicker paper you may only need to cut 12 or 18 pages.

Pages



Determine the size of your journal.

Cut the pages the same height and twice the width of your desired size.

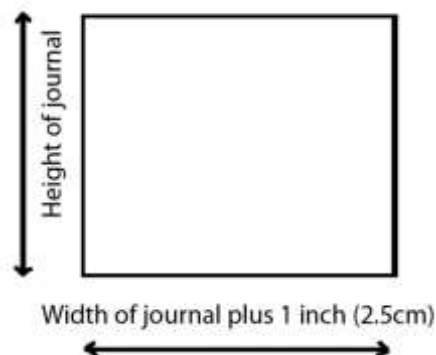
Fold each page in half.

Nest the pages into six sets of four. Each set of pages is referred to as a signature.

Covers



Covers - cut 2



The back and front Covers fold around the first and last signatures.

From the heavy coloured paper cut two pieces the same height as the journal times the width plus 1 inch (2.5cm)

Line up the cover with the signature. Fold the protruding edge around the thickness of the signature. A rounded fold fits the signature better than one that is creased sharp using a bone folder. Be careful of leaving pages peeking out past the opposite edge to the fold. (Technical term: the fore edge).

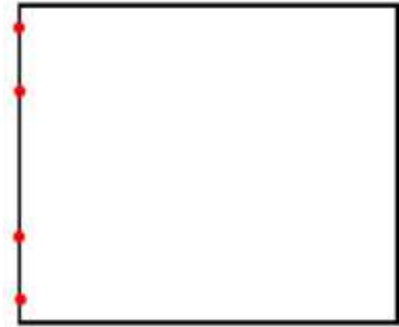




From now on, the front and back covers are treated as part of the first and last signatures.

Signatures

On each signature mark a point $\frac{5}{8}$ inch (1.5 cm) from the top. Make the next mark 1 inch (2.5cm) from this mark. Repeat at the bottom.



Cut a slit through each signature between the two points. Depending on the thickness of your concertina paper you may need to widen the slit a little.

NOTE: If you have chosen a tall format for your journal, you may need an extra slit in the centre to give the necessary support to the spine.



Folding a Concertina

The included video shows how to accurately fold a concertina.

Concertina

Cut two strips of heavy paper 12 inches x $\frac{15}{16}$ inch (30cm x 2.3cm).

The strip has to be slightly less than the slit so it will pass through the slit easily.

Fold the concertina so the inner folds are sixteenths and the two outer ends are eighths. In this way the ends of the strip can be used as cover decoration with no unnecessary folds to mar them. Refer to the video.



Begin with the spine facing you. Slip the first valley of the concertina into the slit.



View showing the spine.



View showing tab created inside the signature.



Repeat with the second concertina strip.

Continue adding signatures in this way by threading each valley fold of the strip through the slits in the signatures.

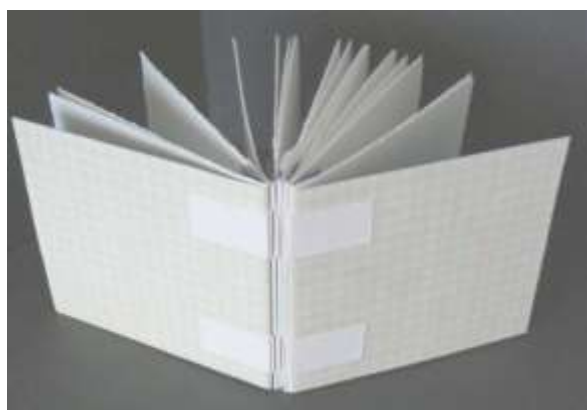


Measure the width of the tab inside the signature. Test the measurement using a scrap piece of paper. These pieces are the lynch pins that hold the journal together, so they need to be firm, but not so tight that it is almost impossible to thread them through the tabs.

Cut a strip for each signature and thread through the tabs.



Glue the end pieces of the concertina strip onto the covers.



Thank you for joining me in this journal making workshop. I am looking forward to getting to know you. Please do not hesitate to ask any questions. I would love to see some photos of your journal.

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Janet Banks